

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Breaded drumstick, biscuit, garden salad, \*\*tomatoes, seasonal fresh fruit and milk variety <sup>4</sup>

Frito pie, beans, \*\*fresh veggie cup, chilled pineapple, \*\*grain based dessert and milk variety <sup>5</sup>

Lasagna, breadstick, broccoli, \*\*marinara sauce, cinnamon apples and milk variety <sup>6</sup>

Boneless chicken wings, \*\*chips, \*\*celery, carrots, mixed fruit, \*\*sherbet cup and milk variety <sup>7</sup>

Philly cheesesteak sandwich, corn, \*\* cucumbers, rosy applesauce, \*\*grain based dessert and milk variety <sup>1</sup>

Corn dog, potatoes, \*\*tomatoes cup, fruit cup and milk variety <sup>11</sup>

Nachos Grande, \*\*salsa, beans, cucumbers, apricots, \*\*ice cream cup and milk variety <sup>12</sup>

Crispy chicken sandwich, \*\*fresh veggie cup, garden salad, fruity gelatin and milk variety <sup>13</sup>

Breaded pork chop, gravy, roll, broccoli, \*\*corn, mandarin oranges and milk variety <sup>14</sup>

Chicken parmesan, roll, savory green beans, \*\*corn, peaches and milk variety <sup>8</sup>

National School Lunch Week

Country fried steak, gravy, potatoes, \*\*okra, roll, strawberries and milk variety <sup>18</sup>

Chicken fajitas, \*\*Spanish rice, beans, \*\*salsa, hot cinnamon apples and milk variety <sup>19</sup>

Chicken alfredo, breadsticks, \*\*garden salad, savory green beans, peaches and milk variety <sup>20</sup>

Popcorn chicken, roll, crunchy broccoli salad, fresh apple slices, \*\*\*grain based dessert and milk variety <sup>21</sup>

Pizza choice, \*\*carrots, savory green beans, fresh seasonal fruit, \*\*grain based dessert and milk variety <sup>15</sup>

Meat and cheese chalupa, \*\*Spanish rice, beans, corn, \*\*salsa, orange smiles, \*\*pudding and milk variety <sup>25</sup>

Chili cheese totchos(tater tots), \*\*fresh veggie cup, potatoes, strawberries and bananas and milk variety <sup>26</sup>

Chicken nuggets, mac and cheese, \*\*carrots, squash, grapes and milk variety <sup>27</sup>

Hamburger /Cheeseburger, \*\*tomato cup, garden salad, pears and milk variety <sup>28</sup>

Potato bowl, roll, \*\*\*tomato cup, snowball salad, and milk variety <sup>22</sup>

# Oct

FEED YOUR CREATIVITY



### Announcements:

Fat free milk is provided to Pre-K on a daily basis. \*\*Indicates items that are not available for PreK.

This institution is an equal opportunity provider.



Food and Nutrition Division  
Nutrition Assistance Programs



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA.  
This institution is an equal opportunity provider.



Updated 1/1/2021  
www.SquareMeals.org

FEED YOUR CREATIVITY

# October

WEEK OF: \_\_\_\_\_

ANNOUNCEMENTS:

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA.  
This institution is an equal opportunity provider.



Food and Nutrition Division  
Nutrition Assistance Programs



Updated 1/1/2021  
[www.SquareMeals.org](http://www.SquareMeals.org)

FEED YOUR  
CREATIVITY

# October



**TODAY'S MENU:**

**ANNOUNCEMENTS:**



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA.  
This institution is an equal opportunity provider.



Food and Nutrition Division  
Nutrition Assistance Programs



Updated 1/1/2021  
[www.SquareMeals.org](http://www.SquareMeals.org)

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES



# Oct

ALIMENTA TU  
CREATIVIDAD



## Anuncios:

4

5

6

7

8

11

12

13

14

15

Semana Nacional de Almuerzos Escolares

18

19

20

21

22

25

26

27

28

29



DEPARTAMENTO DE AGRICULTURA DE TEXAS  
**COMISIONADO SID MILLER**

Este producto fue financiado por USDA.  
Esta institución es un proveedor que ofrece igualdad de oportunidades.



Food and Nutrition Division  
Nutrition Assistance Programs



Actualizado 1/1/2021  
www.SquareMeals.org

ALIMENTA TU  
CREATIVIDAD

# Octubre

SEMANA DE: \_\_\_\_\_

ANUNCIOS:

LUNES

MARTES

MIÉRCOLES

JUEVES

VIERNES



Food and Nutrition Division  
Nutrition Assistance Programs

DEPARTAMENTO DE AGRICULTURA DE TEXAS  
**COMISIONADO SID MILLER**

Este producto fue financiado por USDA.  
Esta institución es un proveedor que ofrece igualdad de oportunidades.



Actualizado 1/1/2021  
[www.SquareMeals.org](http://www.SquareMeals.org)

ALIMENTA TU  
CREATIVIDAD

# Octubre



**MENÚ DEL DÍA:**

**ANUNCIOS:**



Food and Nutrition Division  
Nutrition Assistance Programs

DEPARTAMENTO DE AGRICULTURA DE TEXAS  
**COMISIONADO SID MILLER**

Este producto fue financiado por USDA.  
Esta institución es un proveedor que ofrece igualdad de oportunidades.



Actualizado 1/1/2021  
[www.SquareMeals.org](http://www.SquareMeals.org)