



# APRIL

2021

## ROPES BREAKFAST



### Special Announcements:

\*PK only \*\* Indicates items not available for PK\*\*\*indicated items only offered to grades 9-12\*1% low fat milk is provided for PK on a daily bases\*Additional fruit or juice is offered to students grades 9-12. This institution is an equal opportunity provider.

**NO SCHOOL**

5.

\*\*Cereal, \*breakfast crackers, cheese stick, fruit cup, juice and milk variety

6.

Sausage biscuit, fruit cup, juice and milk variety

7.

Muffin, cheese stick, banana, juice and milk

1.

**TEACHERS WORKDAY**

2.

Banana bread, yogurt, fruit cup, juice, and milk variety

12.

\*\*Cereal, \*breakfast crackers, cheese stick, fruit cup, juice and milk variety

13.

Sausage biscuit, fruit cup, juice and milk variety

14.

Muffin, cheese stick, banana, juice and milk

15.

Breakfast sandwich, fruit cup, juice, and milk variety

16.

Banana bread, yogurt, fruit cup, juice, and milk variety

19.

\*\*Cereal, \*breakfast crackers, cheese stick, fruit cup, juice and milk variety

20.

Sausage biscuit, fruit cup, juice and milk variety

21.

Muffin, cheese stick, banana, juice and milk

22.

Breakfast sandwich, fruit cup, juice, and milk variety

23.

Banana bread, yogurt, fruit cup, juice, and milk variety

26.

\*\*Cereal, \*breakfast crackers, cheese stick, fruit cup, juice and milk variety

27.

Sausage biscuit, fruit cup, juice and milk variety

28.

Muffin, cheese stick, banana, juice and milk

29.

Breakfast sandwich, fruit cup, juice, and milk variety

30.



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

This product was funded by USDA.  
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- Art Contest Deadline Apr. 2



Food and Nutrition Division  
National School Lunch Program and School Breakfast Program

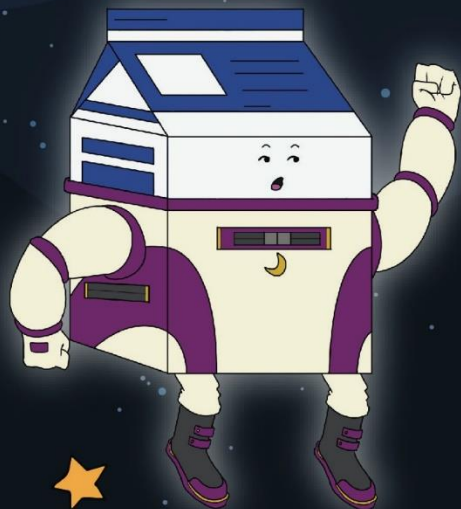


Updated 01/2020  
www.SquareMeals.org



# MOON MILK

The moon is more than 200,000 miles away from the Earth. At this distance it takes about three full days for astronauts to travel from the Earth's surface to land on the moon. Because it is Earth's closest neighbor, we have been able to gain more knowledge about it than any other body in the Solar System besides the Earth. The moon is also the brightest object in the night sky. Today, astronomers know that the moon is slowly moving away from the Earth. But at the rate it is traveling, about 1.5 inches per year, it will be lighting up our night sky for a long time.



## WORD SEARCH

A	G	Z	J	N	W	L	A
C	A	B	L	X	K	J	C
A	Z	T	D	C	D	R	A
L	T	E	X	A	S	D	L
C	S	Q	B	D	I	E	V
I	B	D	A	I	F	R	I
U	G	W	O	C	G	E	Y
M	I	L	K	T	V	H	N

## DID YOU KNOW?

Milk is a popular dairy product and it is an excellent source of calcium and vitamin D. The delicious low-fat or fat-free milk you get at school comes from dairy cows.

Dairy products help build strong bones so you can grow up healthy. Three daily servings of dairy products are recommended for school age children. Some sources of dairy include milk, cheese, and yogurt.



COW  
CALCIUM  
DAIRY

MILK  
TEXAS



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